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| Sessão | **ANTES** | **DEPOIS** | ***p*** |
| 1a.  | 52,27±22,65 | 33,27±22,85 | p=0.0014 |
| 2a  | 57±28,13 | 24,27±19,68 | p=0.0026 |
| 3a.  | 40,54±32,94  | 18,09±22,60 | p=0.0056 |
| 4a.  | 32,09 ± 31,51 | 10,72± 17,87 | P=0.0088 |